

## **5/5/26 "A Multidisciplinary Approach to Pediatric IBS: Integrating Behavioral, Dietary, and Neuromodulatory Therapies in Pediatric IBS"**

Presented by: UCSF Benioff Children's Hospital Oakland

Zena Harvill, PNP - Gastrointestinal Clinic *and* Megan Murphy, RD, CSP - Pediatric Dietitian - Gastroenterology, Hepatology & Nutrition Department

*Planners expect learners to:*

1. Describe the rationale and supporting evidence for implementing the low FODMAP diet in pediatric patients with irritable bowel syndrome (IBS).
2. Explain the role of gut-directed hypnotherapy in modulating the gut-brain axis.
3. Review the indications, mechanism, and clinical outcomes of IB-Stim therapy in adolescents with IBS.
4. Discuss cultural, dietary, and socioeconomic factors that may influence the acceptance, adaptation, and adherence to non-pharmacologic therapies for pediatric IBS.

## **5/12/26 "Flavors of Health: Spiritually and Culturally Inclusive Nutritional Counseling"**

Presented by: UCSF Benioff Children's Hospital Oakland

Zarin Noor, MD – Pediatrician *and* Lydia Tinajero-Deck, MD Pediatrician

*Planners expect learners to:*

1. Describe the impact of spiritual and cultural beliefs on dietary practices and nutrition-related health outcomes.
2. Explain effective communication strategies to deliver culturally sensitive and spiritually respectful nutritional counseling.
3. Design and develop personalized nutrition plans that integrate patients' cultural and spiritual values to enhance adherence and health equity.

## **5/19/26 "Micronutrient Deficiencies in Pediatrics: Screening and Treatment"**

Presented by: Jessica Deas, MD

Pediatric Gastroenterology  
Children's Hospital Los Angeles

*Planners expect learners to:*

1. Identify children at risk for micronutrient deficiencies.
2. Describe clinical manifestations of common micronutrient deficiencies.
3. Implement evidence-based treatment strategies for micronutrient deficiencies.

## **5/26/26 "Care of Girls and Women with Turner Syndrome"**

Presented by: Karen Klein, MD

Interim Chief of the Endocrinology/Diabetes Division  
Rady Children's Hospital, San Diego, CA

*Planners expect learners to:*

1. Recommend early treatment with growth hormone for optimal height.
2. Use careful initiation of low dose estradiol treatment to initiate puberty between 11 - 12 years old.
3. Use regular monitoring of heart health, hearing, development, social skills and other co-morbidities.
4. Develop a plan for transition of care between pediatric and adult providers with attention to a high rate of non-compliance at that stage.

**Grand Rounds is by Zoom only. 8-9 am. Contact [cristina.fernandez@ucsf.edu](mailto:cristina.fernandez@ucsf.edu) for log-in information**

UCSF Benioff Children's Hospital Oakland is accredited by the California Medical Association to provide continuing medical education for physicians.

UCSF Benioff Children's Hospital Oakland designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For CME credit, evaluations must be completed and sent to [Cristina.Fernandez@ucsf.edu](mailto:Cristina.Fernandez@ucsf.edu) by 12pm the Friday after Grand Rounds.